



Monitoring Snapshot for Suicide Prevention Trainings 1st August 2019 to 9th Feb 2020

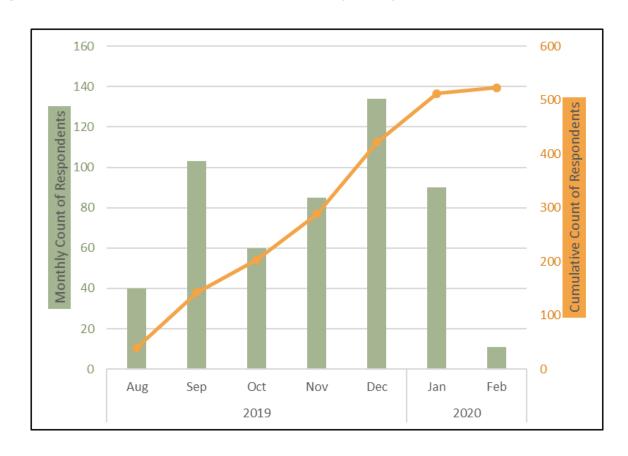
Report Preface

This snapshot is a cumulative activity and outcomes report on the evaluative survey data collection of Illawarra Shoalhaven Suicide Prevention Collaborative's regional community suicide prevention training initiatives. The report is formulated on some key definitions and concepts which are explained in the **Technical Notes** section of this snapshot

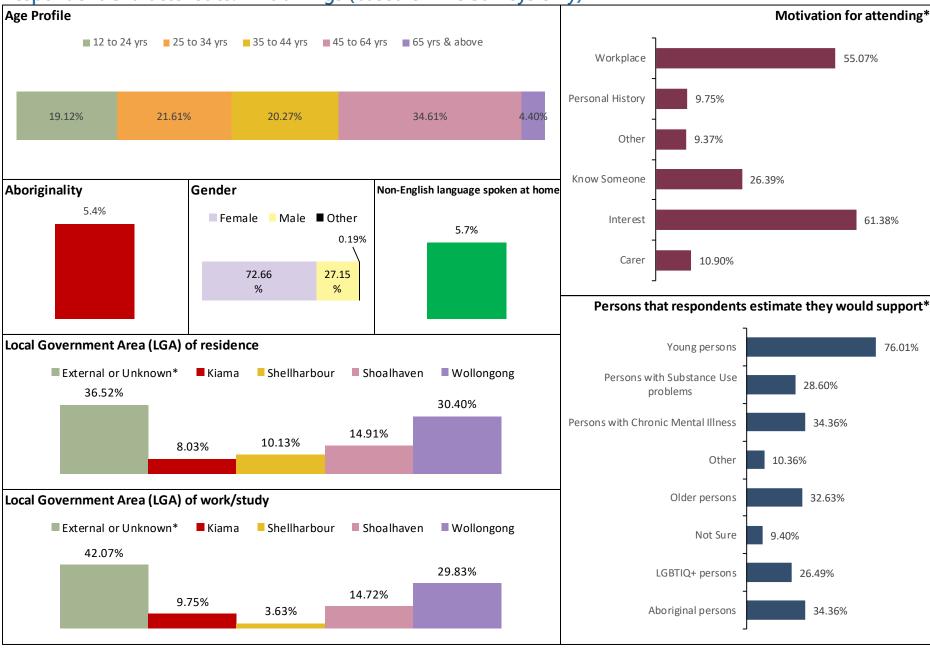
Overall Activity Summary

Training Type	Pre Surveys	Post Surveys	Finished Surveys
Face-to-face	117	95	94
Online	406	369	324
Grand Total	523	464	418

Training uptake over time (based on Pre Surveys only)

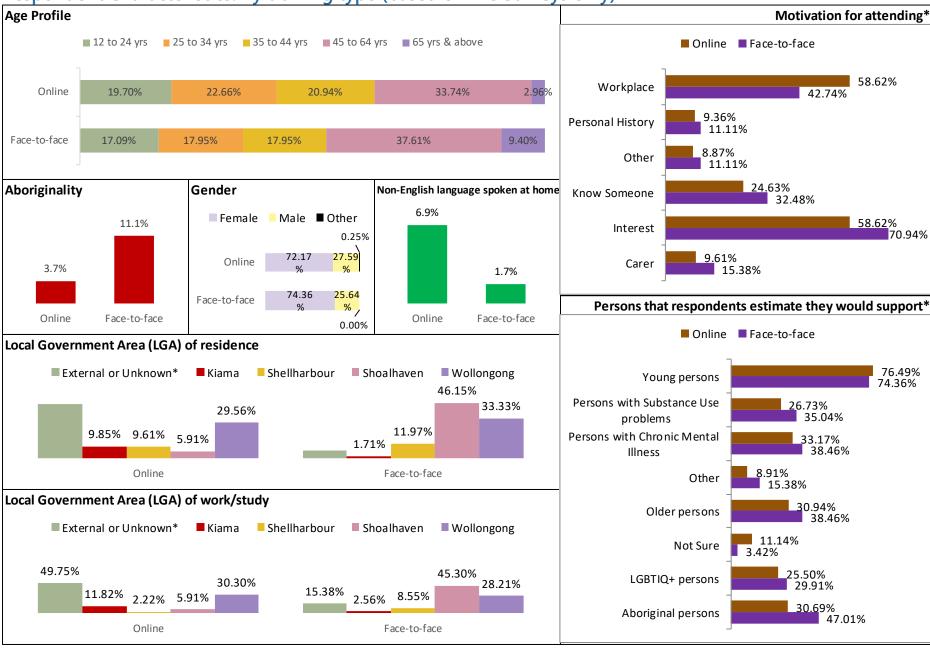


Respondent Characteristics: All trainings (based on Pre Surveys only)



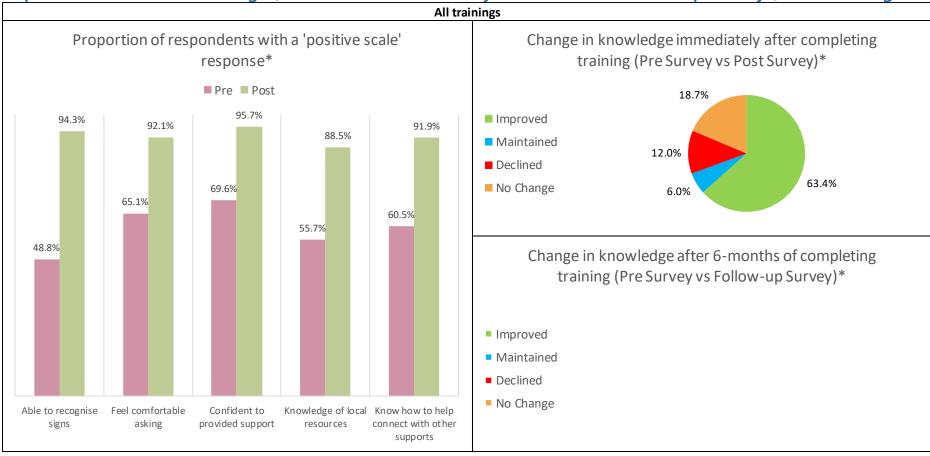
^{*} See technical notes for details

Respondent Characteristics: By training type (based on Pre Surveys only)



^{*} See technical notes for details

Impact Assessment of trainings (based on Finished Surveys and Finished Follow-up Surveys) – All trainings



^{*} See technical notes for details

Technical Notes

Training Type: A categorisation label created for reporting purposes only. It classifies the two broad training program types or training modalities being used namely

- ✓ Face-to-face delivered by certified gatekeeper instructors or trainers in-person
- ✓ Online delivered online

Trainer ID: A de-identified categorisation label created for reporting purposes only. It is a two-letter code that is unique to each trainer who delivers one or many training programs

Pre Survey: The first survey completed by respondents. This is aimed to be completed by respondents before commencing their training program

Post Survey: The second survey completed by respondents. This is aimed to be completed by respondents immediately after finishing their training program

Finished Survey: A complete set of first and second survey completed by respondents. A complete set is where a matched pair of 'pre' and 'post' surveys (both first and second surveys) are identified for a unique respondent

Follow-up Survey: The third survey completed by respondents. This is aimed to be completed by respondents who in their Post Survey consented to be contacted around 6-months after they complete their respective training

Finished Follow-up Survey: A complete full-set of first, second and third survey completed by respondents. A complete full-set is where a matched trio of 'pre', 'post' and 'follow-up' surveys (both first, second and third surveys) are identified for a unique respondent

Email Follow-Up Allowed: The total number of respondents that provided a 'finished survey' and indicated their consent to be contacted in six months, to find out whether they have continued to benefit from the training, by providing their email address during the 'post' survey data collection

Positive Scale: All 'pre', 'post' and 'follow-up' surveys include questions to ascertain respondent's self-reported confidence and ability to undertake suicide prevention in the community. All these questions were in a likert scale which had options of 'Strongly disagree', 'Disagree', 'Neither agree nor disagree', 'Agree', and 'Strongly agree'. While there cannot be an absolute correct answer for these questions, higher level responses i.e. options of 'Agree', and 'Strongly agree' are indicative of higher level of self-perceived and expressed confidence and ability. Therefore, for this report the options of 'Agree', and 'Strongly agree' have been combined to create a category of 'positive scale' which is reported as a proportion for all respondents across 'pre' and 'post' surveys for all 'finished surveys'

Knowledge Score: All 'pre', 'post' and 'follow-up' surveys include questions to ascertain respondent's self-reported knowledge of suicide. All these questions had a correct answer and therefore these questions were analysed as a total correct score and were reported as a proportion of respondents whose responses indicate that their knowledge:

- ✓ Improved:
 - o 'post' survey score was higher than 'pre' survey score in the immediate assessment;
 - o 'follow-up' survey score was higher than 'pre' survey score in the 6-month follow-up assessment
- ✓ Declined:
 - o 'post' survey score was lower than 'pre' survey score in the immediate assessment;
 - o 'follow-up' survey score was lower than 'pre' survey score in the 6-month follow-up assessment
- ✓ Maintained:
 - both 'pre' survey score and 'post' survey scores were all accurate (all questions were answered correctly) in the immediate assessment:
 - o both 'follow-up' survey score and 'post' survey scores were all accurate (all questions were answered correctly) in the 6-month follow-up assessment
- ✓ No Change:
 - 'pre' score shows scope of improvement but both 'pre' survey score and 'post' survey scores were the same in the immediate assessment;
 - 'pre' score shows scope of improvement but both 'pre' survey score and 'follow-up' survey scores were the same in the 6month follow-up assessment

Motivation for attending*: Pre surveys include a question to assess the respondents motivations for completing the training they attended. This question was a multi-select where a unique respondent could select one of many motivation categories. Therefore, the percentages displayed as analysis of this question will not add up to 100%

Persons that respondents estimate they would support*: Pre surveys include a question to assess which community-based groups of people are the respondents typically in a position to support after completing the training they attended. This question was a multi-select where a unique respondent could select one of many motivation categories. Therefore, the percentages displayed as analysis of this question will not add up to 100%

Local Government Area (LGA) allocation: Based on the postcode added by respondents in their Pre survey, a geographic concordance allocation was done based on population weighted correspondence of which local government area the majority of that postcode lies in for all substantial postcodes within the Illawarra Shoalhaven region. Where respondents either entered a postcode, which is located outside the Illawarra Shoalhaven region or left the postcode field blank or added erroneous postcode data, for those respondents LGA allocation was coded as External or Unknown*

References

This Population Health Information Snapshot has been drafted to support the planning and implementation of the Illawarra Shoalhaven Suicide Prevention Collaborative's regional community suicide prevention training initiatives. The information in this report is aimed to be used to:

- ✓ Plan future trainings in a way that ensures a good population coverage and reach of training community residents across the region; and
- ✓ Monitor the current training initiatives in their objective of giving people the knowledge, skills and confidence to help someone who may be suicidal.

Like most population health outputs of COORDINARE, this snapshot: -

- ✓ is intended to be brief and precise while being sufficiently comprehensive at the same time,
- ✓ is aimed to be a discussion starter for stakeholder and community consultation of any planning and/or needs assessment process,
- ✓ is also aimed to be the initiator of further research and analysis,
- ✓ is consistent with relevant cell suppression, data aggregation and other health data reporting guidelines to preserve privacy and confidentiality of patient information.

All information presented in this snapshot is based on secondary analysis of data sourced from the Community Training Surveys conducted through COORDINARE – South Eastern NSW PHN's Community Engagement Platform – Engagement HQ. Secondary analysis conducted by Abhijeet Ghosh: Manager-Population Health Planning & Information, COORDINARE - South Eastern NSW PHN.

Readers should read this References section of the report and the Technical Notes on pg.1 carefully prior to secondary use of any and all information included in it. Secondary use and further reporting of the information contained in this report requires appropriate citation/acknowledgement of this document and its affiliated personnel and organisation.

Suggested citation:

Ghosh A, 2020. *Monitoring Snapshot for Suicide Prevention Trainings - 1st August 2019 to 9th Feb 2020*, COORDINARE - South Eastern NSW PHN.