

Monthly Meeting Minutes – 9 July 2020
8:30-9:30am, videoconference

1. Attendees

VIDEO/PHONE:

ALANNA ROODENRYS	(AR)	Community member
ALISON TYE	(AT)	Rural Adversity Mental Health Program
ANN FRANKHAM	(AF)	Lived Experience
BRUCE MCMILLAN	(BM)	Lived Experience
CARRIE LUMBY	(CLu)	Lived Experience
CLARE BATE	(CB)	ISLHD
DONNA JENKINS	(DJ)	St Vincents
EMMA PATERSON	(EP)	SP Collaborative
FIONA SHAND	(FS)	Black Dog Institute
GLENN WILLIAMS	(GW)	SP Collaborative Executive; MIND the GaP
HELEN PIPER	(HP)	Neami National
JACQUELINE SAUNDERS	(JS)	NSW Ambulance
JOAN GISSING	(JGi)	Department of Education
JOHN PULLMAN	(Jpu)	ISLHD
JOSEF GARRINGTON	(JGa)	ACON
KIM KELLY	(KK)	COORDINARE
LINDA LIVINSTONE	(LLi)	SP Collaborative Executive; COORDINARE
LORNA MOXHAM	(LMo)	Recovery Camp
LYNNE BLANCHETTE	(LB)	COORDINARE
MARK ELLIS	(ME)	Lived Experience
MARK WILDER	(MW)	Lived Experience
MEGAN BLAND	(MB)	STRIDE
MONIQUE FERGUSON	(MF)	Lifeline South Coast
NICK GUGGISBURG	(NG)	Kiama Council
PATRICIA CULLEN	(PC)	UNSW
PIPPA STEVENSON	(PS)	ISLHD
REBECCA MOORE	(RM)	
RENEE GREEN	(RG)	Lifeline South Coast
RON DE JONGH	(RdJ)	Grand Pacific Health
SARAH ADAMS	(SA)	ISLHD
SARAH MCKENZIE	(SM)	COORDINARE
SHARLENE CRUICKSHANK	(SCu)	SP Collaborative Executive; Waminda
TIM HEFFERNAN	(TH)	SP Collaborative Executive; Lived Experience
VIDA BLIOKAS	(VB)	SP Collaborative Executive; School of Psychology, UOW

APOLOGIES:

JANET JACKSON	(JJ)	NSW Trains
JULIE CARTER	(JC)	SP Collaborative Executive; ISLHD
KATHERINE RALLINGS	(KR)	NSW Ambulance



KYLEE DWYER	(KD)	STRIDE
REBECCA SNG	(RS)	SP Collaborative Executive; Grand Pacific Health
SARAH CIMINO	(SCi)	Kiama Community College
SARAH HOLMES	(SH)	STRIDE
TEAGAN STAFF	(TS)	Shoalhaven City Council

Note: attendance could only be recorded for those who entered their name when joining via video, or introduced themselves on the phone. Apologies to anyone we may have missed. Please email suicideprevention@coordinare.org.au to add your name to the attendees or apologies lists. Thanks.

2. Welcome and introduction

JP welcomed attendees and did Acknowledgement of Country and Acknowledgement of people with lived experience.

3. LifeSpan Research update

FS from the Black Dog Institute presented local findings from the LifeSpan research trial, including outcomes from:

- Community survey
- Community training
- Recording Experiences of Suicidality to Reform Emergency care (RESTORE) study
- Youth Aware of Mental Health (YAM) program
- LifeSpan implementation evaluation

FS noted that the LifeSpan evaluation will continue over the next few years and she will be happy to return to present more findings in future.

[Click here to view full presentation.](#)

4. Updates:

a. Collaborative staffing

LLi reported that COORDINARE has decided to increase investment into suicide prevention work across the South Eastern NSW (SE NSW) region. The collaborative approach is seen to be the best way to promote shared ownership of actions to reduce the incidence of suicide and attempts. And so, the intention is to use this additional funding to increase the staffing available to support the collaborative approach across SE NSW. LLi highlighted this includes additional backbone staffing for the Collaborative, which ISLHD is also continuing to contribute to financially.

LLi noted the final approval for the increased funding has only occurred in the last fortnight which is why there has been a delay in recruiting to vacant backbone staffing positions.

COORDINARE is now consulting with members of the Collaborative's executive and key staff from COORDINARE and ISLHD, to work out the ideal staffing structure and to fine tune the roles / responsibilities of the positions. It is hoped that recruitment can commence within the next couple of weeks.

LLi reinforced this contribution will enable to Collaborative to maintain and build on their work. LLi invited other members who have capacity to invest in the Collaborative financially, to also contribute to the expansion of the backbone staffing.

NG highlighted that the LifeSpan implementation evaluation identified shared ownership and mutual decision making as enablers for the Collaborative's work, and asked if members will have the opportunity to have input on the Collaborative's new staffing structure. After discussion it was agreed to meet with interested Collaborative members to discuss plans to increase staff support to the work of the Collaborative within the next week.

Key feedback from the meeting was that the identity of the Collaborative needed to be maintained in any future plans and its collaborative approach, as articulated in the Terms of Reference, and in feedback from Evaluation reports, adhered to. LLi reaffirmed that COORDINARE remained committed to contributing to the Collaborative with the same approach it has had for the last 5 years, if anything, it was increasing its investment in the commitment.

Action 1: Emma & Linda organise meeting to discuss backbone staffing structure with interested Collaborative members.	EP / LLI
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UPDATE: Members have been invited to attend a meeting to discuss future plans to resource the work of the Collaborative which will be held over video on Friday 17th July 11:30am – 12:30pm.

b. Bushfire response

LB reported additional funding is being provided to support bushfire affected communities in our region.

c. Towards Zero Suicides

EP provided an update on the [Towards Zero Suicides](#) initiatives which are currently being implemented in our region:

- Safe Spaces: the initial co-design of Safe Spaces has now concluded. The service will now be commissioned out to a non-government organisation. RdJ asked when the tender will come out. EP cannot confirm the dates but will follow up with COORDINARE.
- Suicide Prevention Outreach Teams: co-design of this service is planned to start the second week of August. EP noted Collaborative members will play a role in making sure we have good representation from people with lived experience and service providers in the co-design. More information about how to get involved with the co-design will be coming out soon. Members were asked to keep an eye out and promote the opportunity across their networks.
- Zero Suicides in Care is an initiative that will support the re-design of current services to prevent suicides among people accessing public mental health services, whether they be within hospitals or in the community. ISLHD has recently recruited a new Implementation Manager who will be working on this project over the next few years.

EP noted that more information about the Towards Zero Suicides initiatives can be found on the Collaborative's website ([click here](#)).

Action 2: Emma ask COORDINARE to advise on timing of Safe Spaces tender.	EP
Action 3: Emma distribute expression of interest for Suicide Prevention Outreach Teams co-design	EP
Action 4: Members promote opportunity to get involved with Suicide Prevention Outreach Teams co-design across their networks.	All

5. Next meeting

Date: Thurs 13 August 2020

Time: 8:30-9:30am

Where: Videoconference (see dial in details below)

Please join my meeting from your computer, tablet or smartphone.

<https://www.gotomeet.me/Collaborative>

You can also dial in using your phone.

Australia: [+61 2 9087 3604](tel:+61290873604)

Access Code: 851-627-253