

Monthly Meeting Minutes – 8 June 2017
8:30-9:30am, COORDINARE office, Ground floor iCentral building
Squires Way, Innovation Campus, North Wollongong
& video link to GPH Centre, 107 Scenic Dr, Nowra

1. Attendees

WOLLONGONG:

| | | |
|----------------------|--------|--|
| ALEX HAINS | (AH) | Regional Manager, SP Collaborative |
| ARMANDO REVIGLIO | (AR) | Wollongong City Council |
| CYNTHIA MCCAMMON | (CMc) | Catholic Education |
| CLARE LESLIE | (CL) | Lifeline South Coast |
| EMMA RINGLAND | (ER) | Project Coordinator, SP Collaborative |
| IRENE CONSTANTINIDIS | (IC) | Team Coordinator Consumer Participation, ISLHD Mental Health |
| JANET JACKSON | (JJ) | NSW Trains |
| JONATHAN ALLAN | (JA) | UOW |
| LEANNE WOODLEY | (LW) | Association of Independent Schools |
| LINDA LIVINGSTONE | (LLi) | SP Collaborative Executive; COORDINARE |
| LYNN LANGHORN | (LLan) | SP Collaborative Executive; Mental Health Director of Nursing, ISLHD |
| MELISSA CAMERON | (MC) | Department of Education |
| NICK GUGGISBERG | (NG) | Kiama Council |
| PETER MURRAY | (PM) | SP Prevention SNSW, COORDINARE |
| REBECCA SNG | (RS) | SP Collaborative Executive; Grand Pacific Health (GPH) |
| ROBYN MACGREGOR | (RMac) | NUM, ISLHD Mental Health |
| ROZ JENNINGS | (RJ) | Department of Education |
| SANDRA BOLACK | (SB) | ISPAN/MHPN |
| TIM HEFFERNAN | (The) | SP Collaborative Executive; Lived Experience Representative |
| VIDA BLIOKAS | (VB) | School of Psychology, UOW |
| WADE NORRIE | (WN) | NUM, ISLHD Community Mental Health |

NOWRA:

| | | |
|-----------------|------|--|
| GLENN WLLIAMS | (GW) | SP Collaborative Executive, MIND the GaP |
| HELEN BACKHOUSE | (HB) | Flourish (formerly Richmond PRA) |
| WENDI HOBBS | (WH) | SSPAN |

APOLOGIES:

| | | |
|-------------------|-------|---|
| BRIN GRENYER | (BG) | SP Collaborative Executive; IHMRI |
| DEBRA MURPHY | (DM) | Regional Development Australia Illawarra |
| GORDON BRADBERRY | (GB) | Wollongong City Council |
| GRAHAME GOULD | (GG) | Director, Lifeline South Coast |
| HEATHER MCCARRON | (HMc) | TAFE NSW, Shellharbour & Moss Vale Campuses |
| JOHN CASEY | (JC) | ACON |
| KIMBERLY CHISWELL | (KC) | Waminda |
| LORNA MOXHAM | (LM) | School of Nursing & Global Challenges, UOW |

2. Welcome and introduction

LLi welcomed attendees and did Acknowledgement of Country and Acknowledgement of people with lived experience.

New Project Coordinator for the SP Collaborative (ER) welcomed.

3. Working Group (WG) updates

a. WG1 (health interventions)

LLi reported WG1 has recently had their first meeting and noted it was very much an introductory session to go through interventions. LLi noted working group discussion around whether it is worth each member keeping a journal to document the processes involved in this project a success as well as the challenges along the way.

b. WG2 (community interventions)

CL provided an update on the next steps for WG2 who has now met twice.

Gatekeeper training

- Trialing QPR (Question Persuade Refer) online training to provide feedback.
- Reviewing the Decision Tree developed by Black Dog, which will help people choose the training which is most appropriate for them.
- Mapping gatekeeper trainings currently available.

ACTION 1: All SP Collaborative members to identify local gatekeeper trainings and send to AH (ahains@coordinare.org.au)

All

Community campaigns

- Planning to build on RUOK? campaign on local level – CL noted she has spoken with local School Link Coordinators who are organising RUOK? events in schools.
- Developing calendar of local events.
- Developing key messages to help local events complement each other.

CL also noted there is a Facebook link to the Black Dog survey being done to gauge community suicide literacy and stigma. LLi & VB stated it had come up in their Facebook feeds. AH reported the link is currently on the [SP Collaborative website](#) in the “[News](#)” section.

ACTION 2: All SP Collaborative members to identify local events and send to AH (ahains@coordinare.org.au).

All

Media guidelines

CL noted discussions on the challenges of engaging journalists which WG2 will need to work on. CL reported that aside from the media guidelines, WG2 will also be developing a proactive schedule of stories to help engage the media in positive reporting.

NG suggested that the regional NAIDOC awards are an opportunity to promote the project at LGA awards.

c. WG3 (school interventions)

TH noted first WG3 meeting will be on 19/06/17 however issues with the Youth Aware of Mental Health (YAM) training have already been raised for discussion via email – LW briefly outlined some of these issues.

MC reported she has participated in the YAM training and will be able to respond to some of the issues raised.

NG asked if support could be provided to Kiama high school due to recent suicide. RS noted that headspace will be doing a 1-day workshop to support that school.

TH also noted that he is available to support people with lived experience in the WGs and is happy to attend all WG meetings – AH will keep TH informed of working group meeting details.

d. WG4 (data-driven suicide prevention)

AH reported WG4 has had initial introductory meeting and is waiting on some details from Black Dog which will inform their work.

e. WG5 (Aboriginal suicide prevention)

AH noted the expression of interests received from SP Collaborative members to join WG5 with thanks, and reported that WG5 will start with Aboriginal people only. AH will communicate how and when others who are keen to have input on this WG can do so shortly.

4. Overall stocktake of progress

ER took the group through the 'LifeSpan Project Update' document (Attachment 1), and asked members to provide feedback on whether the update is useful and any ways it can be improved.

ACTION 3: SP Collaborative members to provide feedback on LifeSpan Project Update to AH
 (ahains@coordinare.org.au)

All

5. ISLHD presentation – Perspectives from crisis services

LLan introduced colleagues and thanked the SP Collaborative for the opportunity to give members an insight into the world of Mental Health from the perspective of frontline staff.



IC (Team Coordinator, Consumer Participation) presented on what consumer participation means in practice, the role of Peer Workers in Mental Health and feedback from consumers. IC also shared a story highlighting the need to listen to consumers to ensure services are providing what they actually need.

RMac (NUM, Eloura Inpatient Unit) presented on the Productive Mental Health Wards (PMHW) program being implemented at ISLHD. The PMHW program aims to increase the proportion of time staff can spend with consumers, ensure they are providing safe and reliable care, and improve the overall experience of staff and patients.

LLan emphasised that ISLHD is wanting input from SP Collaborative on how to improve their services. NG asked whether ISLHD Social Work department should be more actively involved in the SP Collaborative. LLan emphasised ISLHD's recent efforts to improve the discharge planning process and RMac noted weekly meetings between inpatient ward and community teams has improved connections to community services upon discharge.

Time ran out before WN (NUM, Community Mental Health) was able to present.

6. Additional items

Nil

7. Next meeting

Date: Thurs 13 July 2017

Time: 8:30-9:30am

Venue: COORDINARE office, Ground floor iCentral building Squires Way, Innovation Campus, North Wollongong

Video link: from GPH Centre, 107 Scenic Dr, Nowra

Phone link: contact AH for details if this is required

Meeting schedule for 2017 available [here](#). Please put these dates into your diary.