



StepCare



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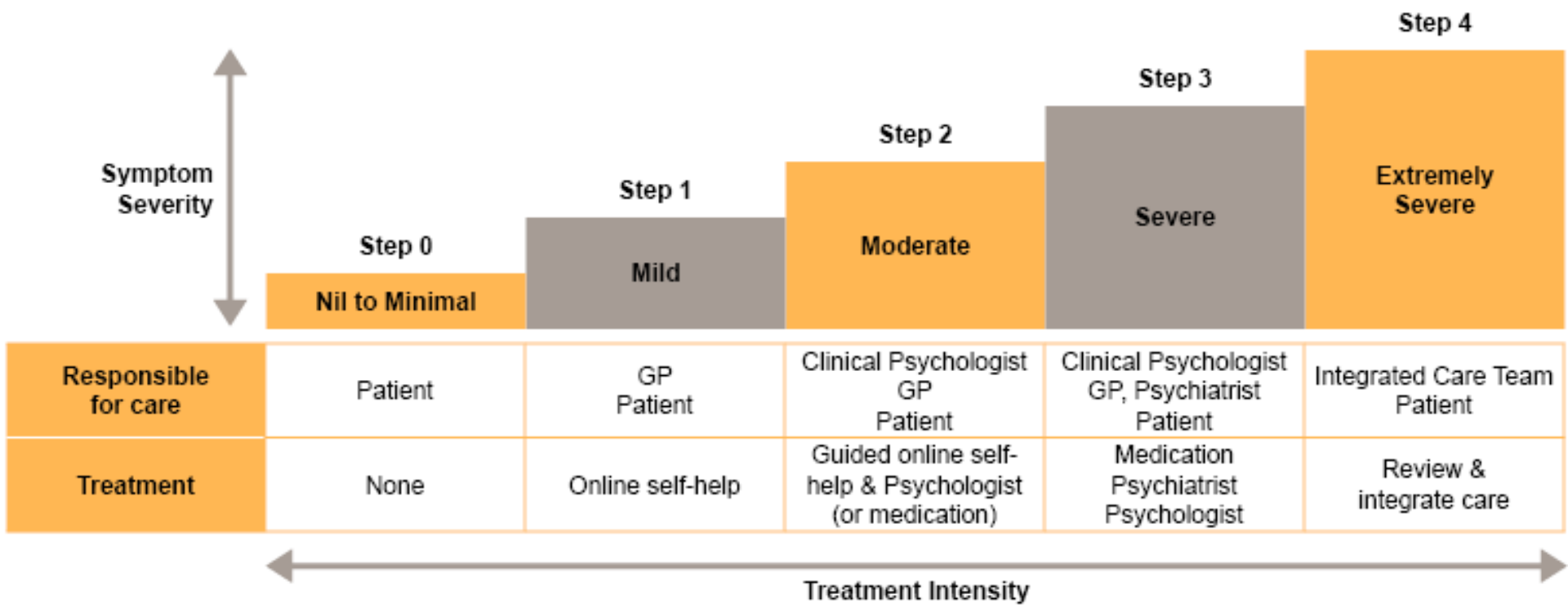


StepCare Service

The story so far ...



Stepped Care

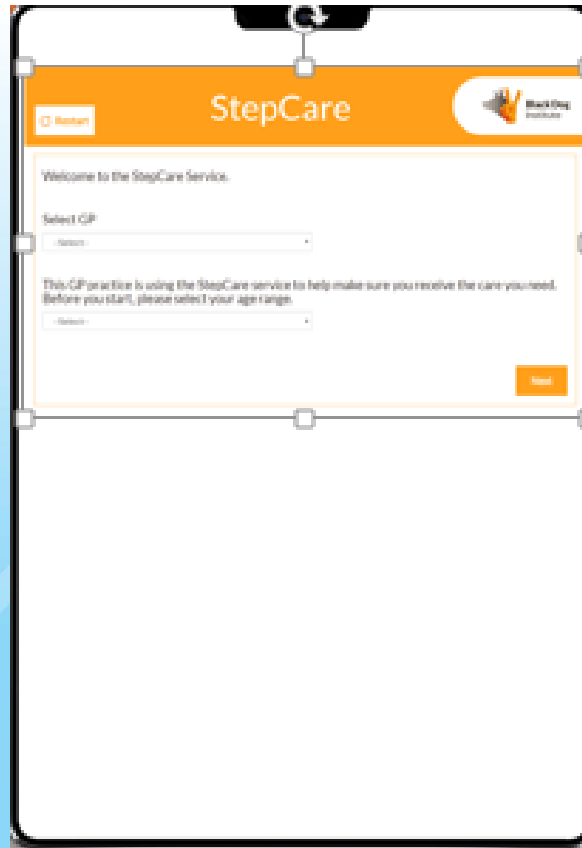


How does StepCare work?





Tablet





StepCare and the General Practice Workflow





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What are we aiming to achieve?

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Is it:

- Improved access to appropriate care when needed
(connecting to care)
- Improved personal wellbeing
- Optimal clinical care
- Reduction in suicide rates in region
- Reduction in self harm across region



Challenges



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Challenges to Implementation

- Current Primary Care changes
- IT eg limited EMR software compatibility
- Multiple demands on Practice team
- Practice team turnover

COORDINARE



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What have we done?



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Implementing StepCare

- Model of Care
- Roles and Responsibilities
- Practice activity plan
- Community of Practice
 - Tailored Practice support from PHN
 - BDI Practice support



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Implementing StepCare

What are some potential barriers to StepCare implementation in Practice?



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Implementing StepCare

What are some strategies to overcome these barriers?



How will you know if you have achieved your goal?

Could it be:

- Smooth inclusion of StepCare into daily BAU
- Fully engaged staff
- Consistent screening
- Connecting individuals to care sooner,
- Mentally Healthier Practice community



