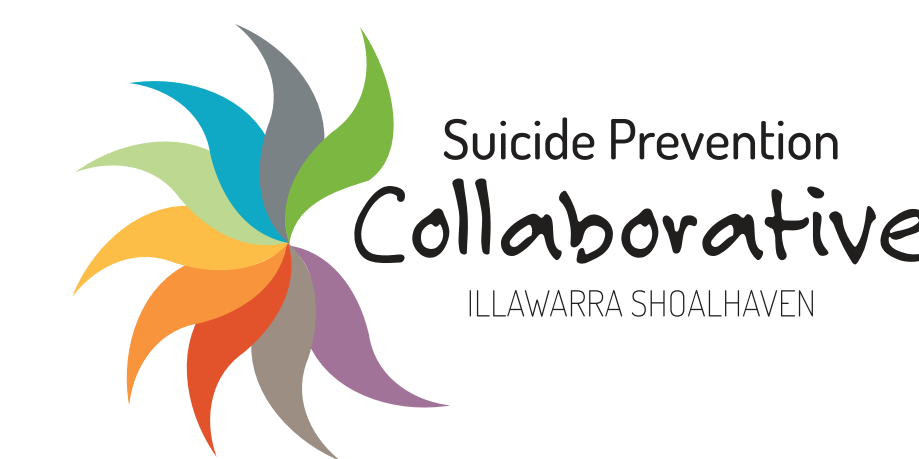
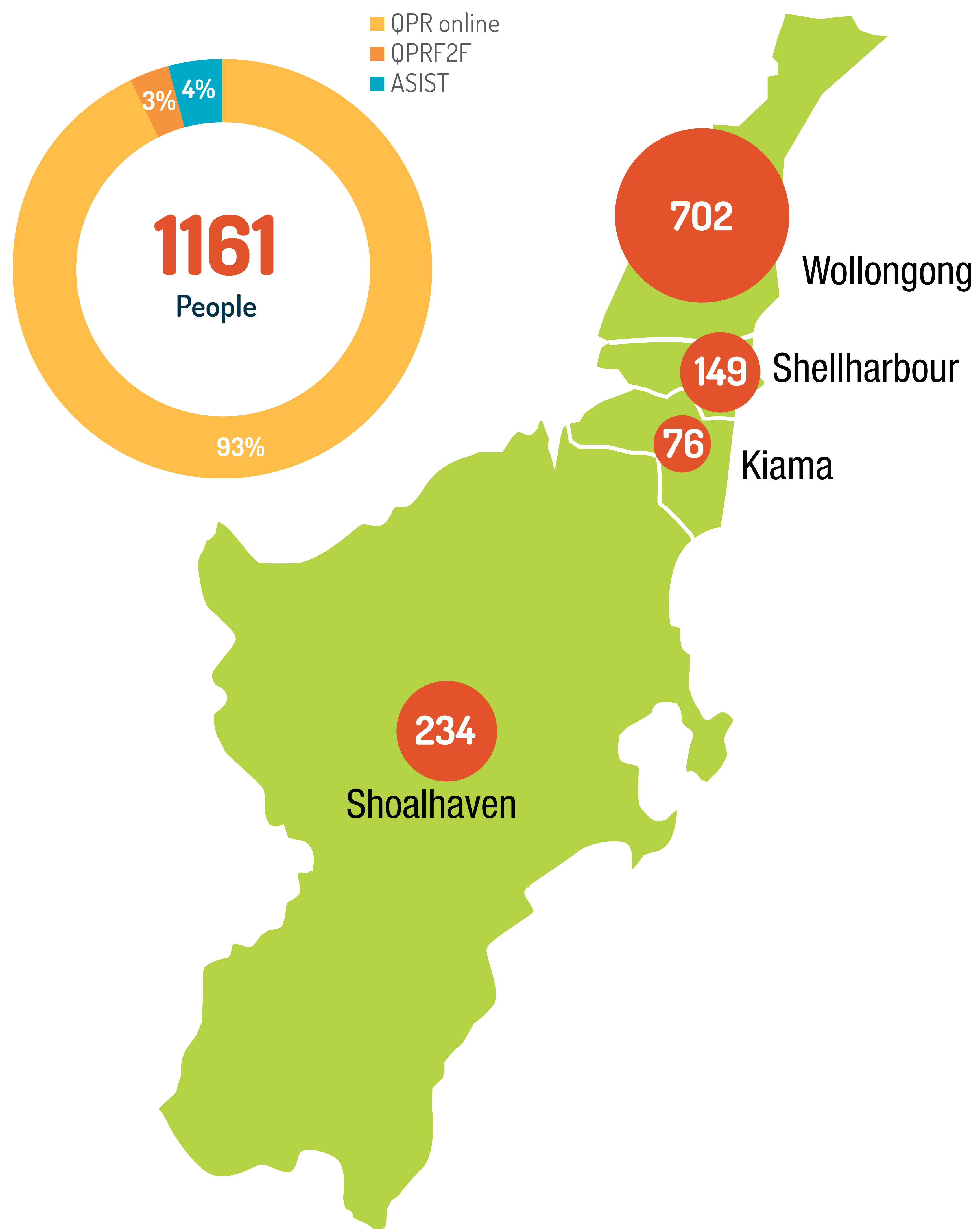


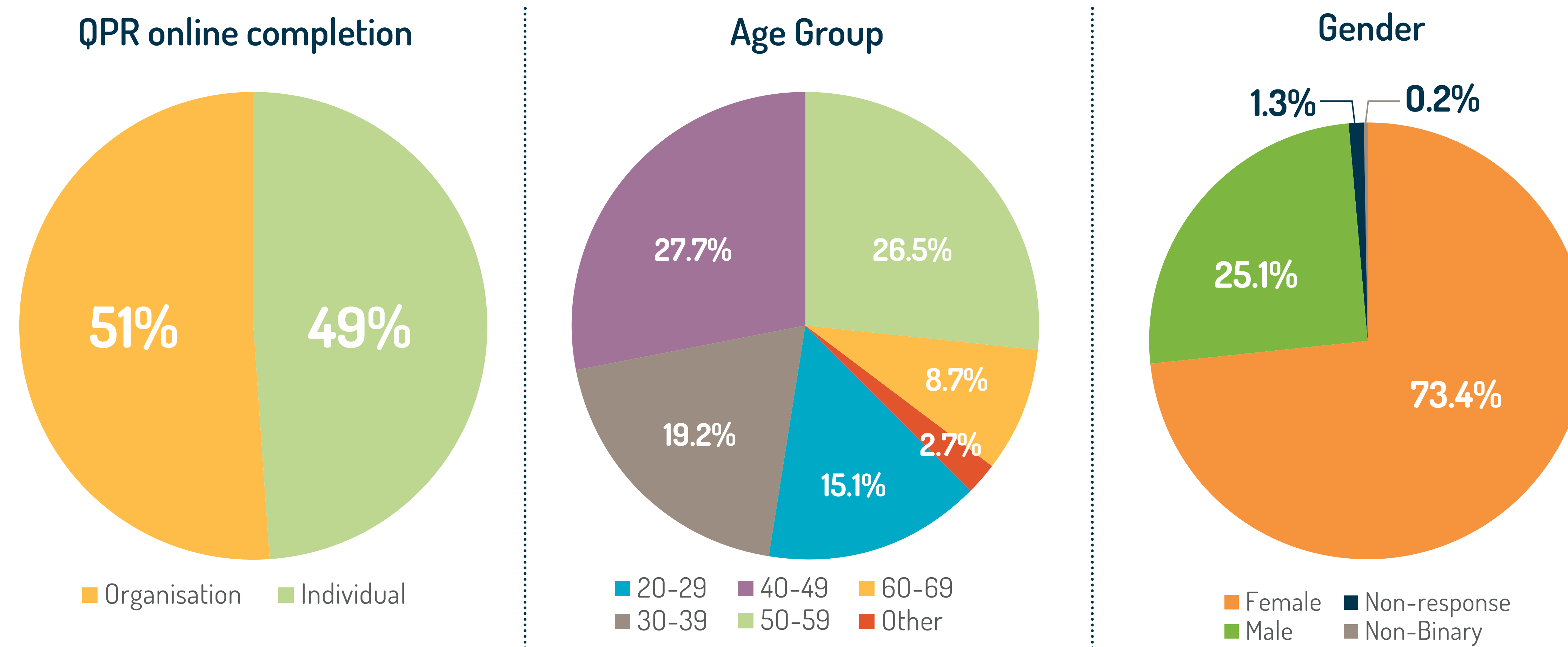
TRAINING THE COMMUNITY TO HELP PREVENT SUICIDE



HOW MANY PEOPLE HAVE COMPLETED SUICIDE PREVENTION TRAINING?

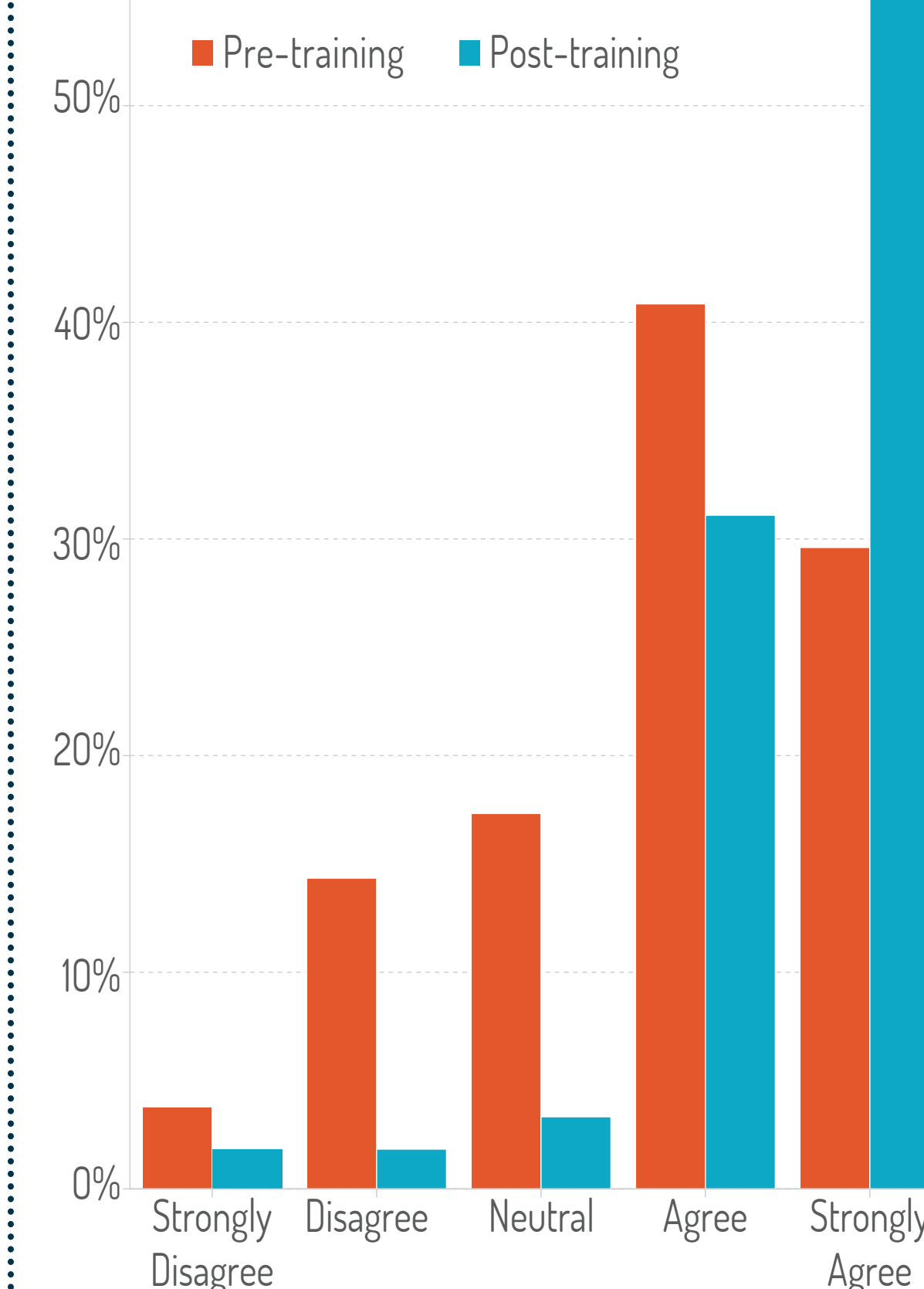


WHO HAS DONE QUESTION PERSUADE REFER (QPR) ONLINE?

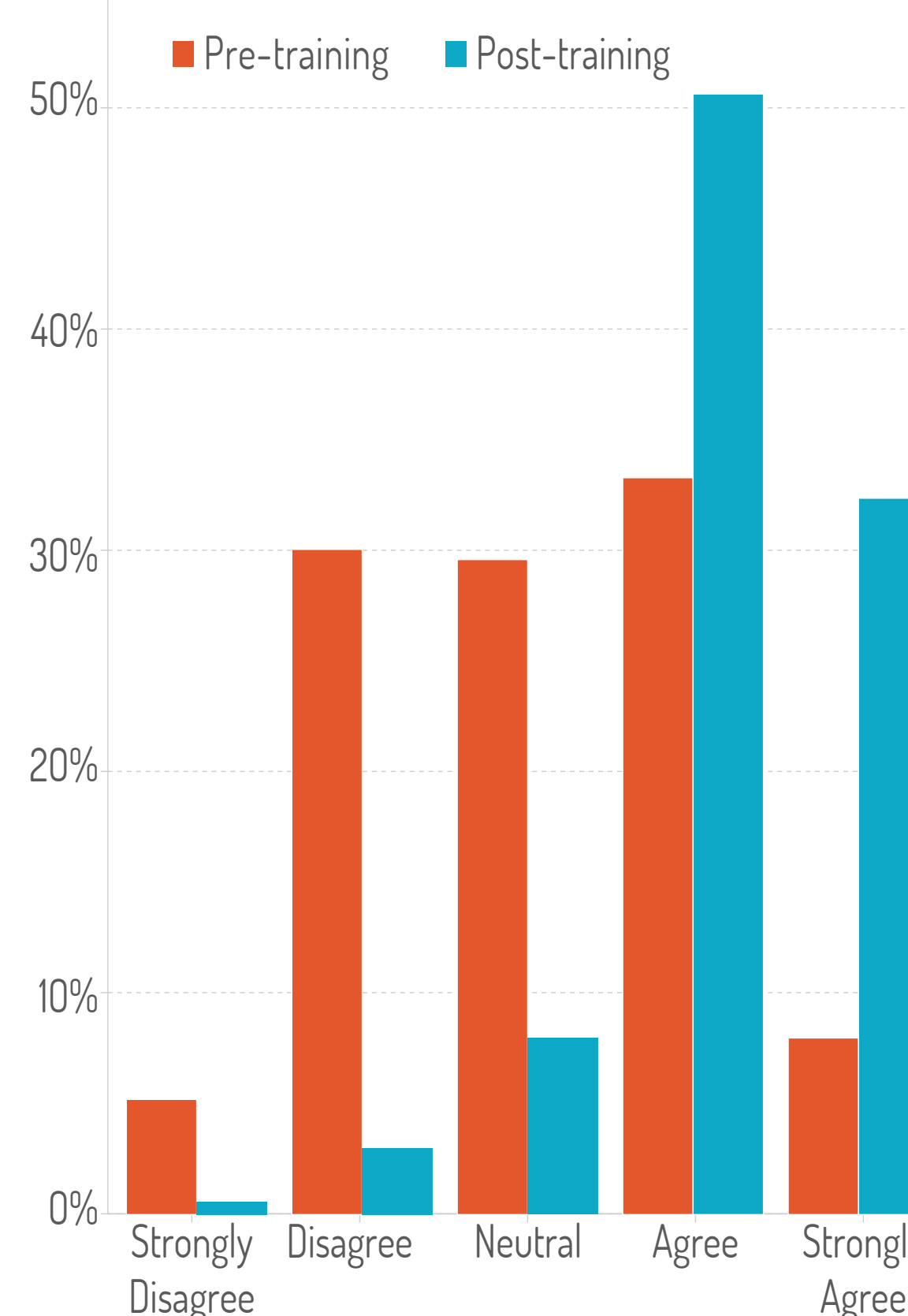


WHAT IS THE IMPACT OF QPR ONLINE?

If someone was showing signs of suicide, I would directly raise the question of suicide with them



I have the skills to help or support a suicidal person



"When (my daughter) initially confessed that she had suicidal thoughts, I was beside myself. We talked it through but I didn't know what to ask and how to ask it or what to say. Initially I called Beyond Blue and the person I spoke to gave me some strategies and that did help.

Then I saw the QPR advertised, I did the training and since have been able to approach discussions with her more confidently. She is on medication, is receiving counselling both at school and with Headspace."

