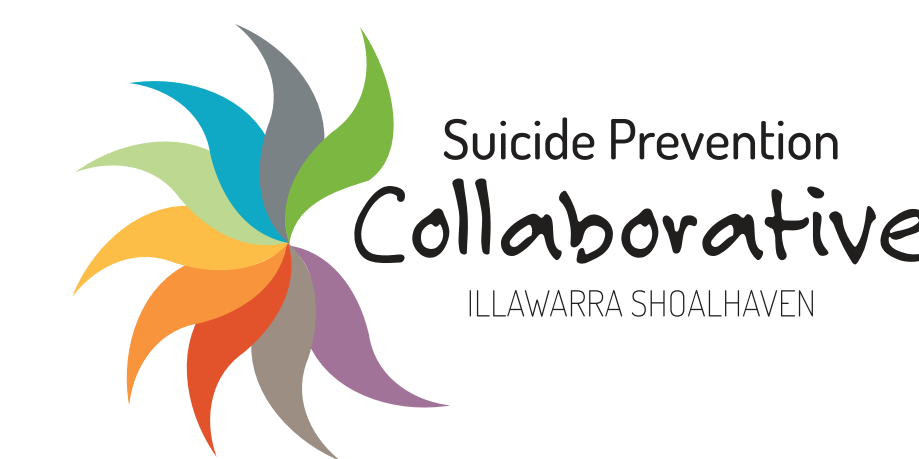


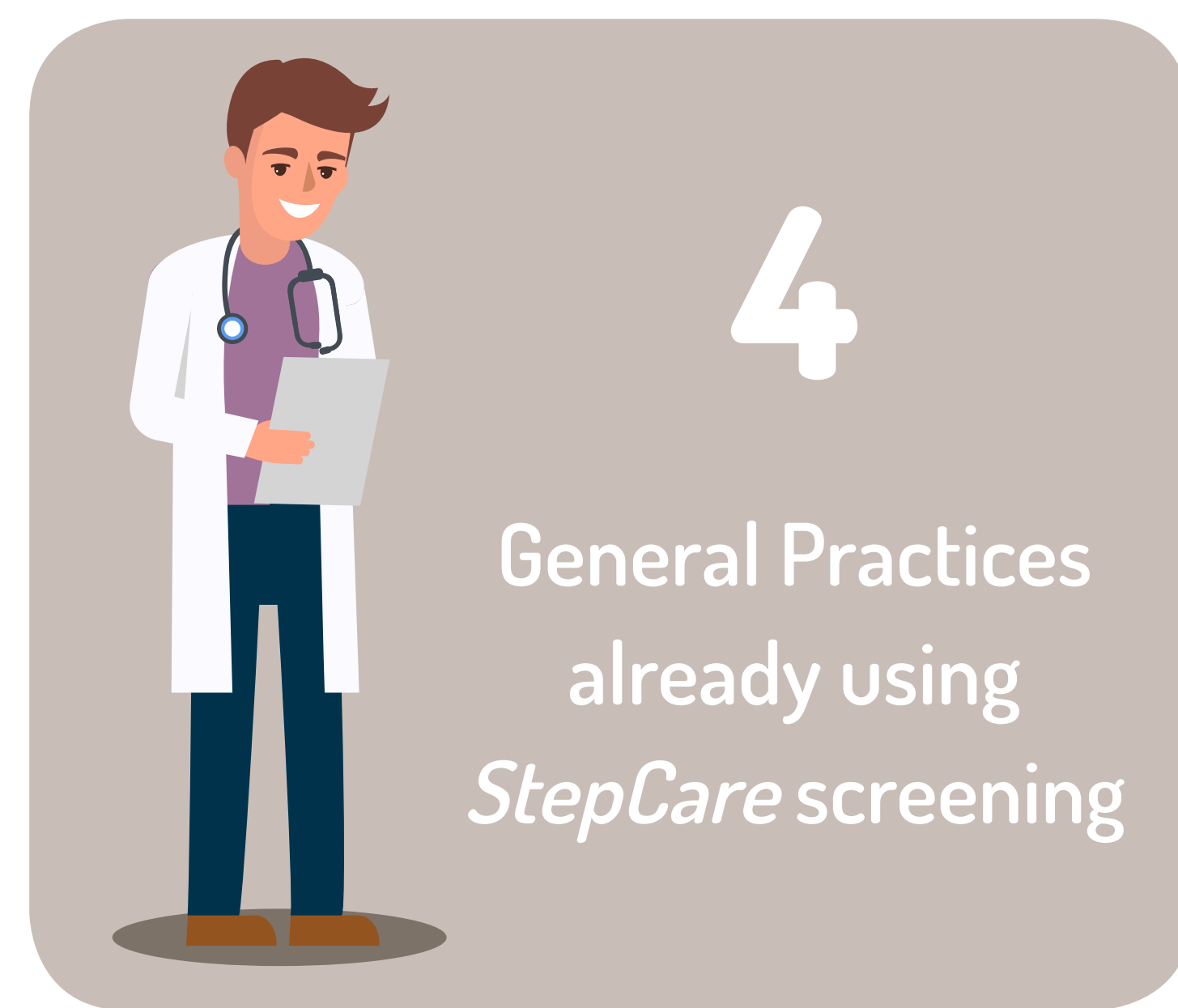
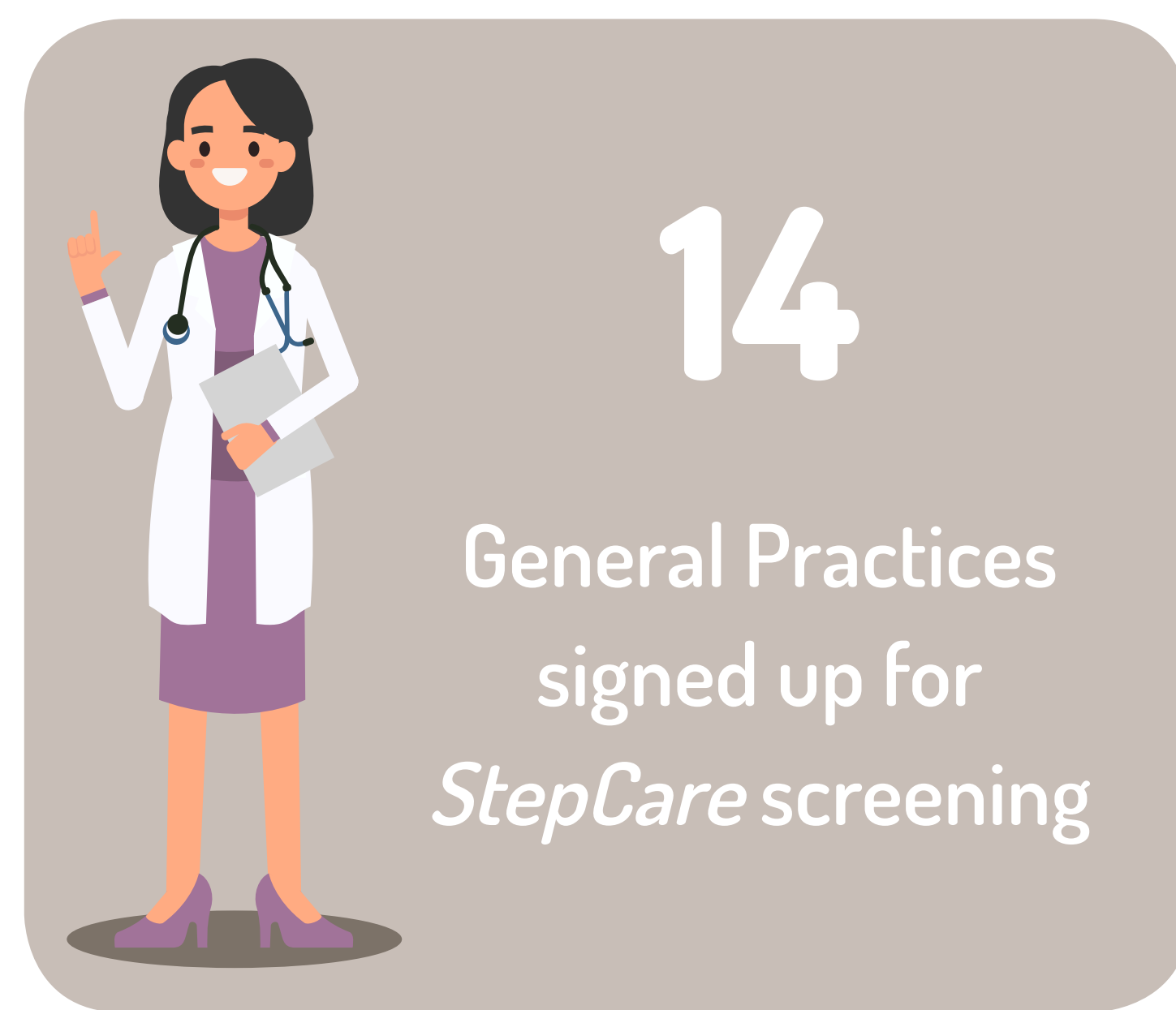
WHAT'S BEEN HAPPENING IN PRIMARY HEALTHCARE?



BETTER IDENTIFYING PEOPLE WHO ARE SUICIDAL

StepCare screening

Universal screening has been implemented within General Practices. Short iPad-based questionnaires screen people for depression, anxiety, substance use and suicidality.



IMPROVING THE CARE PROVIDED BY HEALTH PROFESSIONALS



113 health professionals have done *Advanced Training in Suicide Prevention*

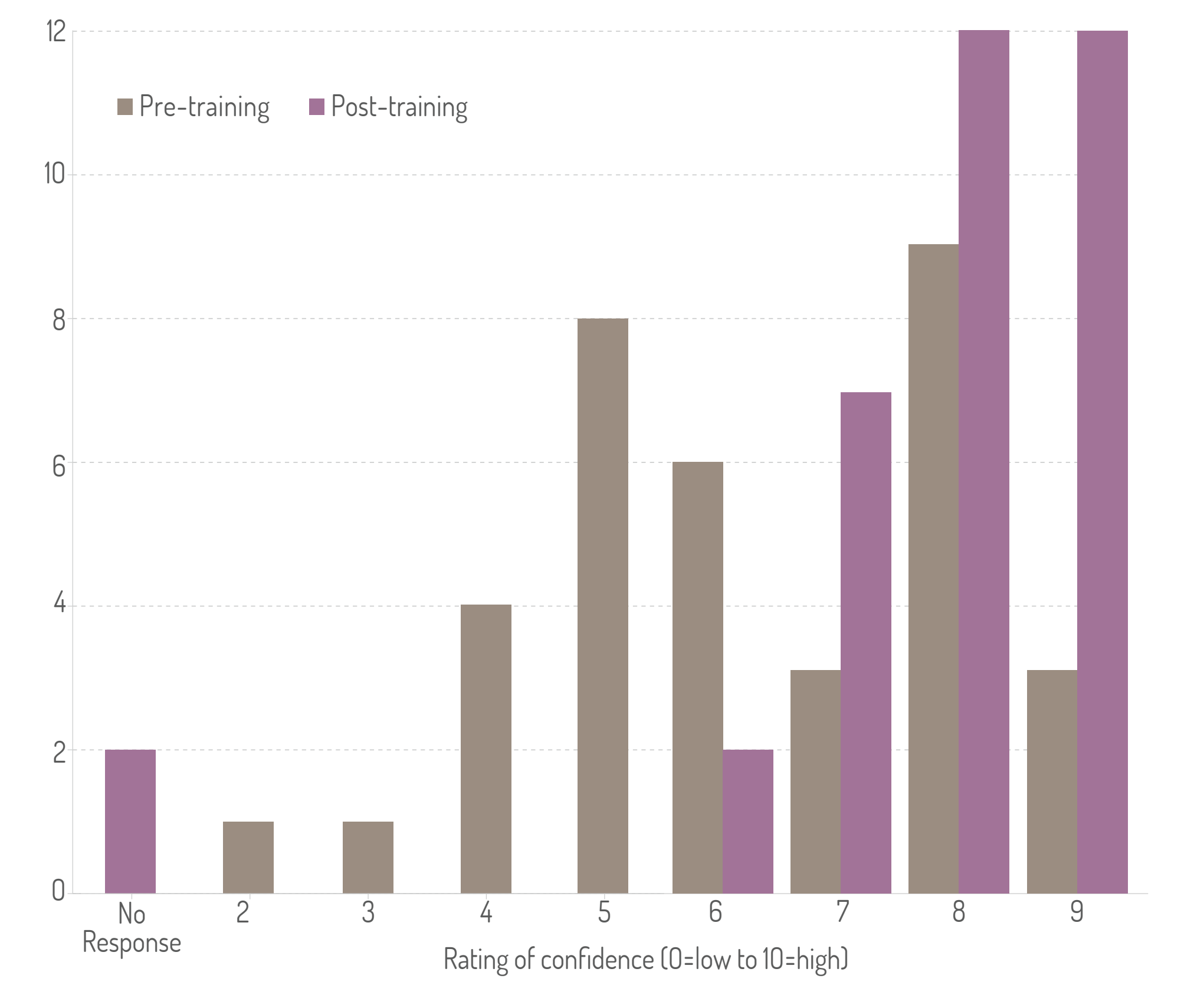


31 General Practice staff (across 5 practices) have done *Question Persuade Refer online training*



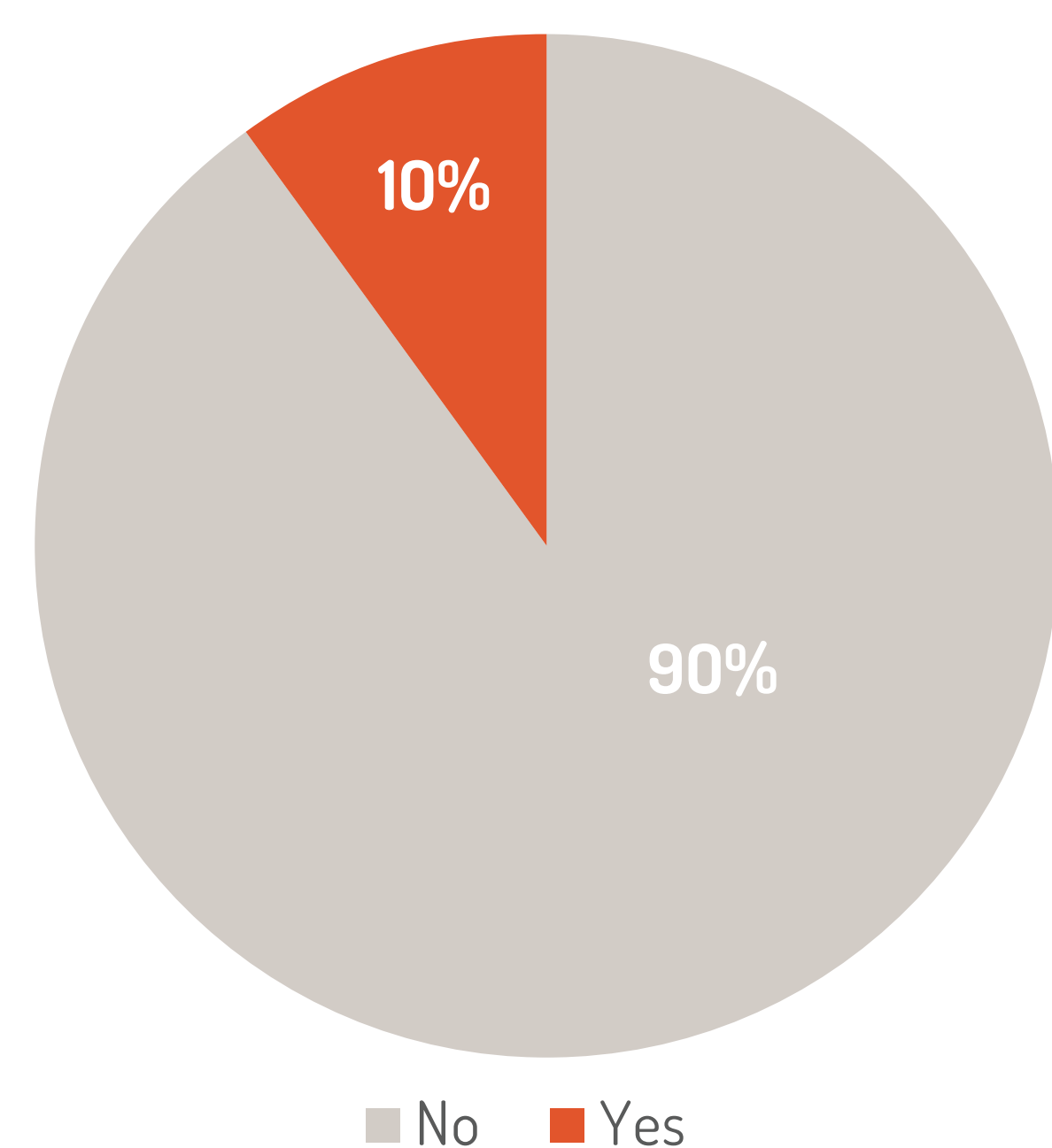
11 General Practitioners have done *Talking About Suicide in General Practice training*

Advanced Training in Suicide Prevention improves health professionals' skills in recognising and managing suicidality

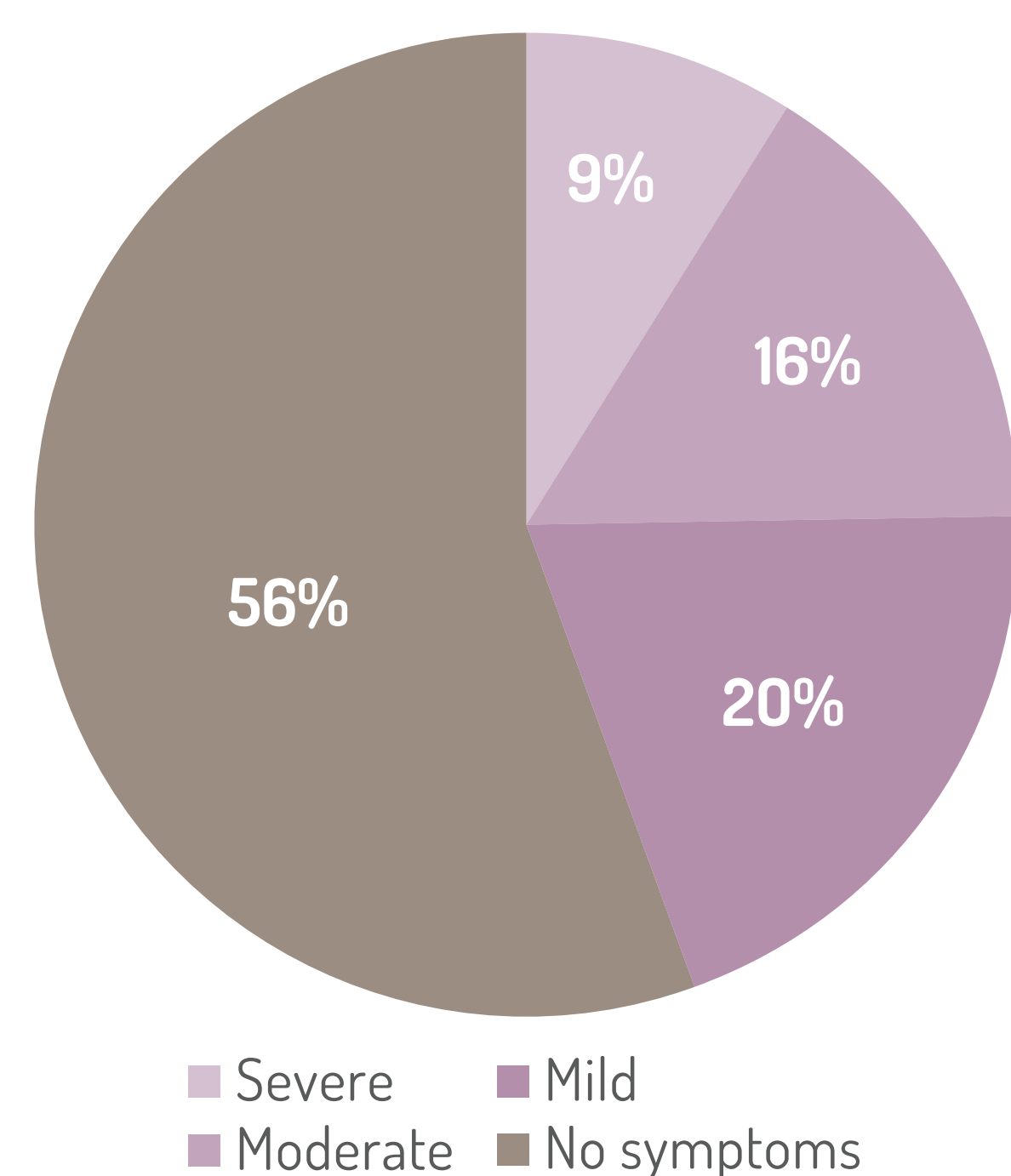


Is universal screening picking up people who are suicidal?

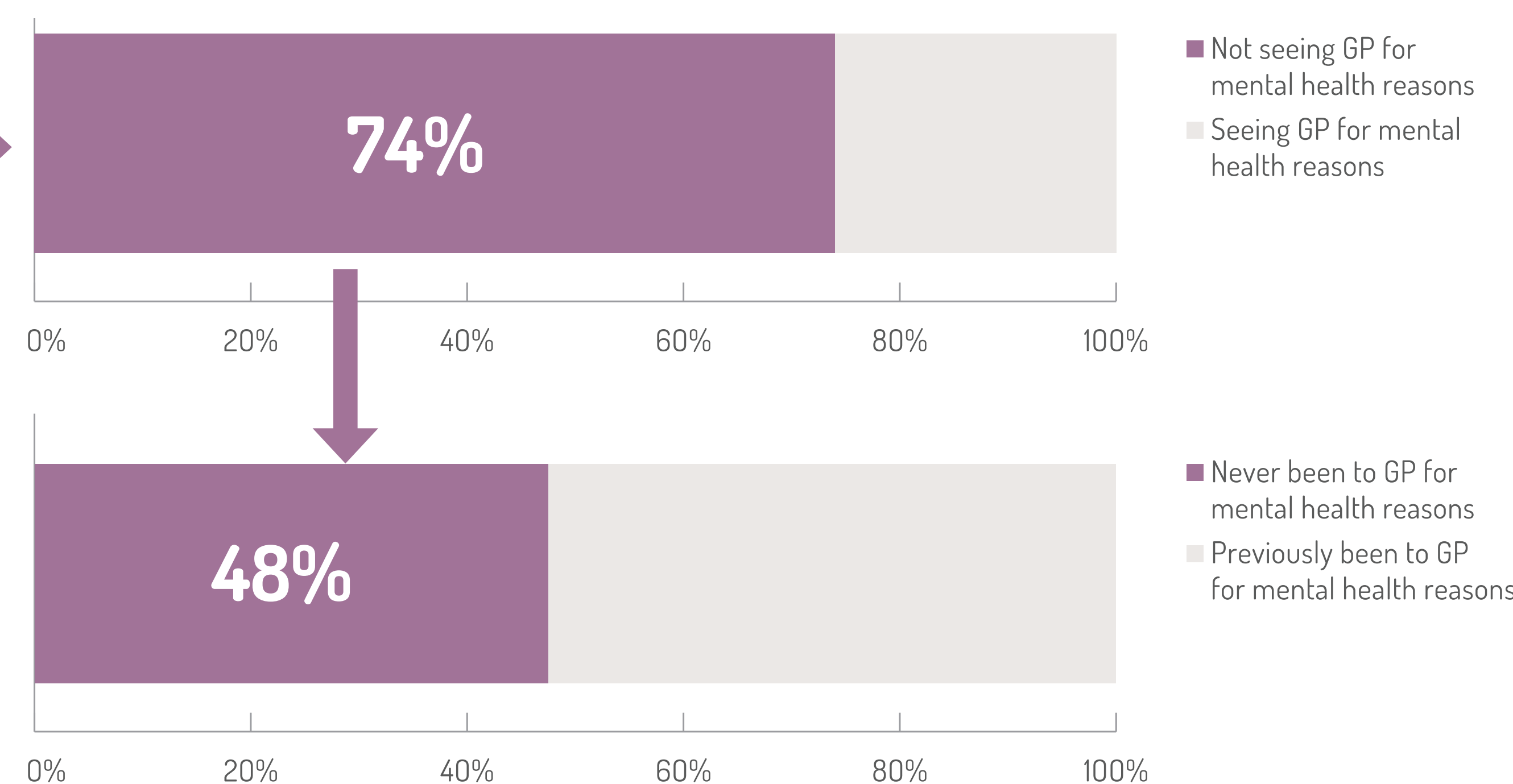
1 in 10 reported thoughts of suicide or self-harm in the past 2 weeks



More than 40% of people screened report symptoms of mental ill-health in the past 2 weeks



Of those with mental health symptoms about 3 of 4 were **NOT** seeing the GP for mental health reasons



Just under half of these had **NEVER** seen their GP for mental health reasons



"Like most general practices, we're seeing increasing numbers of mental health issues presenting to us. But often they don't present until a patient is quite debilitated by the disorder."

Now we have a way of screening for mental health issues so we can have the conversation and do some preventative management." Associate Professor Ann Ellacott (GP, Thirroul Medical Practice)

Data from StepCare pilot sites, Zbukvic (2018)