

	Estimated impact on suicide rates <sup>1</sup>		Interventions	Intervention status		Current resourcing		Anticipated local resource needs
	Deaths	Attempts		Implementation	Systematic evaluation	Local	LifeSpan	
Emergency and follow-up care	1.1%	19.8%	Crisis care			Low	Nil	High
			Next Steps			High	Nil	High
Treatment for suicidality	5.8%	8.0%	ATSP			Low	Nil <sup>2</sup>	Low
			CAMS			Low	Low	Medium
General Practice	6.3%	Insufficient evidence	StepCare			High	Nil <sup>3</sup>	High
			ATSP/TASGP			Low	Nil <sup>1</sup>	Low
Frontline workers	Insufficient evidence		Nil			Nil	Nil	Unknown
Schools	Insufficient evidence	2.9%	YAM			High	Medium <sup>4</sup>	High
Community training	4.9%	Insufficient evidence	QPR online			Medium	Low	Medium
			QPR face-to-face			Low	Nil	Low
			ASIST			Low	Nil	Low
Campaigns	0.3%	Insufficient evidence	Annual events			Medium	Nil	Medium
Media	1.2%	Insufficient evidence	Media campaign			Medium	Nil	Medium
			Mindframe guidelines			Low	Nil	Low
Improving safety	4.1%	0.5%	Public spaces			Low	Nil	Medium
SP Collaborative			n/a			High	Medium	High
Lived Experience			n/a			High	Low	High
Postvention			TBC			Medium	Nil	High

Please note:

- This table provides a high-level overview of the factors relevant to sustainability. It does not intend to be an exhaustive summary of all SP Collaborative activity.
- Only the prescribed LifeSpan activities have a quantified impact on suicide deaths and attempts (columns 2 and 3).
- Some strategies are expected to require additional interventions/activities to achieve their potential impact on suicide deaths and attempts. For example, improving treatment for suicidality is expected to require more than simply rolling out ATSP and CAMS training.

<sup>1</sup>Krysinska et al. (2016) Best strategies for reducing the suicide rate in Australia. Australian & New Zealand Journal of Psychiatry, 50, (2), pp 115 – 118.

*Resourcing by non-local sources outside of LifeSpan:*

<sup>2</sup>ATSP and TASGP are supported by Black Dog Institute's Education

<sup>3</sup>StepCare requires 'Medium' level resourcing Black Dog Institute's StepCare team

<sup>4</sup>YAM also requires 'High' level resourcing from NSW Department of Education and Catholic Education

ATSP – Advanced Training in Suicide Prevention

CAMS – Collaborative Assessment & Management of Suicidality

TASGP – Talking About Suicide in General Practice

YAM – Youth Aware of Mental Health

QPR – Question Persuade Refer

ASIST – Applied Suicide Intervention Skills Training

Estimated impact on suicide rates



Intervention status

