

Illawarra Shoalhaven Suicide Prevention Collaborative

Breakfast Meeting Minutes – 7 July 2016

8:00am – 9:00am

Venue: IHMRI Level 3.301

Attendees:

Dr Vida Bliokas	(VB)	ISSPC Executive
Ms Linda Livingstone	(LL)	ISSPC Executive
Prof David Adams	(DA)	Executive Director, IHMRI
Mr Alan Blackshaw	(AB)	Community Development Coordinator, Shoalhaven City Council
Prof Frank Deane	(FD)	Director, Illawarra Institute of Mental Health; UOW
Mr Grahame Gould	(GG)	Director, Lifeline South Coast
Dr Alex Hains	(AH)	ISSPC Regional Coordinator
Mr Greg Hand	(GH)	Learning and Wellbeing Coordinator, Dept of Education
Ms Wendi Hobbs	(WH)	Shoalhaven Suicide Prevention Awareness Network
Mr Tim Hudman	(THu)	Shoalhaven Suicide Prevention Awareness Network
Ms Kerry Hunt	(KH)	Manager, Community Cultural and Economic Development, Wollongong City Council
Ms Leanne Lawrence	(LLa)	CST Manager, Illawarra AMS
Mr Wade Longbottom	(WL)	Programs Manager, South Coast AMS
Ms Bethany Pye-Respondek	(BPR)	Research Development Administrator, IHMRI
Heather Taferner	(HT)	OHS & Rehabilitation Coordinator, Shellharbour City Council
Glenn Williams	(GW)	Project Officer, Mind the Gap
Ms Leanne Woodley	(LW)	Special Education Consultant, Association of Independent Schools

1. Preliminary Business

1.1 Apologies:

Lord Mayor Gordon Bradbury	Chair, IPJO
Mr Peter Brown	Chair, Illawarra Suicide Prevention Awareness Network (ISPAN)
Ms Kimberly Chiswell	Senior Social Worker, Waminda
Insp David Cockram	Duty Officer, Shoalhaven LAC, NSW Police Force
Prof Brin Grenyer	ISSPC Executive
Ms Erin Hiesley	Manager, Partners in Recovery
Ms Lynn Langhorn	Operations Manager, Mental Health, ISLHD
Ms Sally McNeill	Research Development Officer, IHMRI
Prof Lorna Moxham	Mental Health Nursing, School of Medicine UOW
Mr Phil O'Neil	Duty Officer, Wollongong LAC, NSW Police Force
Alan Woodward	LifeLine

2. General Business

2.1 Welcome and Introduction

VB welcomed attendees and confirmed the minutes from the last meeting.

2.2 Executive Membership

VB: Still looking for nominations to replace AH, needs to be member of NGO

AH: Mentioned in last meeting to welcome EOIs who would like to be on executive, no one from the Shoalhaven was present, so we want to ensure Shoalhaven members have opportunity to express. Email out notification after today's meeting. Increased responsibilities to keep things progressing between meetings. Not a formal process, just an email to be sent through to VB. Executive will look at a process for deciding who of the nominees will be chosen.

VB: Improving lines of communication is very important; anyone with ideas or suggestions on how to improve this would be welcome. Anything you want the collaborative to consider between meetings should be sent through to executive.

2.3 Black Dog Institute Tender and Pilot – Update

BDI EOI for tender submitted in May to be one of 4 sites chosen to implement the systems approach.

Minutes paused

2.4 Signing of Statement of Purpose

AH: Created in December, the Statement of Purpose outlines what we're working together to achieve. Would like a list of co-signatories at the end of the document. A few signatures have been received, but I will be sending it out again for signatures. Once signatures compiled, it will be circulated to members.

2.5 National Suicide Prevention Conference Presentation

AH: Put in an abstract to present a paper at the conference on what the Collaborative is doing and what we've done to date. It will include a 'lessons learnt'. Will incorporate photos from today in this. Once the presentation is finished, it will be circulated for members. It'll make a good summary for reference when explaining to others what the collaborative is doing. Contact AH if your organisation is interested in learning about the collaborative, can come out and meet to explain.

DA: NHMRC panels will be meeting in last week of July, will follow up re: possibility of meeting with some panelists/researchers from Mental Health

2.6 Consultation for Regional Suicide Prevention Plan

AH: Mentioned last meeting, but will be contacting members and organisations to create small focus groups to get input. Indigenous, emergency, business community. Drafting regional Suicide Prevention plan. Lots of opportunity for feedback. This will be a live document, dynamic. Want to get it to a point where we can agree we can begin progressing.

VB: Questions? Suggestions? Things will move ahead at a much better pace now that AH on board full time.

3.0 Other Business

GG: 4 council representatives here that we haven't had before. Fantastic to have council representatives involved, they have a huge role to play with Suicide Prevention, eg

identifying suicide hot spots. Would like to acknowledge that it's wonderful to have the representatives here today. From initial discussions, there's stuff that councils are doing that is well aligned with what we're aiming to achieve.

KH: Wellbeing of employees is very important, also out-facing service delivery, youth service, target groups. Options to understand what the service delivery profile looks like, as well as the wellbeing of our employees. How to embed into the practices.

AH: great to have Glenn present from Mind the Gap, represents a second significant investment in the region to complement each other's efforts.

GW: Impressed with what's happening. Sounds like you're progressing very quickly, great to be a part of it and look for opportunities to work together.

VB: This will build on the scoping completed at the planning day.

AH: Reiterate – it's not about introducing new services, not about just doing more, efforts are focused on ensuring that what we're doing is aligned with the evidence base, so we may even find that we have to reduce some activities if they are not aligned. Plenty of activities, but not well coordinated. Some activity happening, but not aligned. Some really good activities, but inaccessible. Other areas where there are genuine gaps. Require some advocacy for resourcing. Consider what changes are needed, rather than just introducing new services.

FD: Too early to start to see where the gaps are?

AH: Depends on how many people I can meet with between now and then. Hope we may be able to present some provisional information at Aug 4th.

VB: AH can send through some key docs to council/new reps to give background

LW: One pager to use to talk to people?

AH: Will work on this. Also discussed having a website, but this is yet to come. May be some time away.

LL: Coordinare could look at hosting something on their website in the short term.

Thu: SSPAN is holding major youth SP on Aug 11, 400 secondary students, local youth and family services, Healthy Minds Expo. Aust Theatre for Young People. SSPAN bringing to the region, lots of work needed to unpack the issues explored – drug use, etc. Want to invite the Aboriginal community to be involved. Would like to invite some of the collab and participate in the talks following. 2 productions – 9.30 to 12, 12.30 to 2.30. Common lunch between 12 to 12.30.

LW: Schools to be invited?

Thu: Have already contacted schools, but we are limited in numbers, so we can't invite further students. Public and private schools have been contacted. 14 tickets available for community, some collab, etc. Hope to increase indigenous focus in SP.

AH will attend.

VB and GG interested as members of collab.

LL: Pull together local service providers for the follow up?

Thu: Yet to identify the follow up services at this stage.

GW: Also would like some info. WH will follow up.

VB: Can send through mailing list? Leave it to SSPAN to decide how many/who.

Thu: Contacted by 2 men from Ulladulla, interested in establishing men's health group. Working together to support this. Provided \$100 of phone cards to help support, and would like to offer mental health first aid training for them in the future. Looking to continue to foster this for the remainder of the year.

Meeting Close